

EVERY ENDING IS A NEW BEGINNING

Whatever you are doing now - it will have an ending. This simple fact makes me think about endings in general. The nice thing about endings is - they enable new beginnings.

If you don't like your present life situation, you don't have to say attached to it. Just put a period at the end of your current life experiences and bring this chapter of your life to a close. Get ready to write a more exciting chapter tomorrow. All you have to do is employ that wonderful punctuation mark that signifies completion. A period indicates the old is finished. A period signifies the new can now begin.

It is easy to stay attached to something even though it no longer benefits you. The path of dogged but unrewarding effort is well traveled. You can easily fall into a rut and stay there. After all, doing nothing is often the path of least resistance. It is also the path of passivity and death. It takes courage to bring the old to a close. It takes imagination and effort to create the new.

You are the author of your life. The previous chapters you have written do not restrict your future directions unless you allow them to do so. A new chapter is an opportunity for new beginnings. Use your creativity and imagination. Be outrageous! Set out in new directions and explore new facets of your soul.

Consider the following questions:

What is your hidden passion?

What is your ideal job (you would do it even if you were wealthy)?

At the deepest level of yourself, what is trying to happen?

What relationships are most important to you?

Which life lessons have you have avoided learning?

How can you best serve others?

In what directions do you most need to grow?

What part of your current life would you like to change?

What kind of things are you most strongly attracted to?

What most energizes you?

What is the happiest time you can remember in your life?

Your answers to these questions will help you begin writing your next chapter. Have fun. I think the book of your life is about to become more interesting. Isn't it amazing what a well-placed period can do?